



**ST ANDREW'S RC SECONDARY SCHOOL**

# REAL MADRID TRIP GUIDE



Thursday 26 October to Wednesday 1 November 2023

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# WELCOME FROM STAFF

We are delighted to have you on board and we are very much looking forward to making and sharing many special and lasting memories.

Participating in a residential football camp provides many opportunities to gain a greater understanding of self and others. Much of this is gained through meeting personal and team challenges. Living and working together gives young people the chance to identify the strengths and weaknesses of themselves and others, and develop relationships with each other and staff.

A residential football camp also offers many opportunities for cultural education and global citizenship. For many, this could be the first time in a foreign environment experiencing a different language, culture, food and history and this can broaden horizons and aspirations.

## **Staff**

We have a hugely experienced staff team who are all committed to making this trip a great success. Should you have any questions or difficulties at any point please ask as soon as possible, we are all here to help.

- Mr Fuchs (Principal Teacher of Learning and Teaching)
- PC Lee Campbell (Campus Police Officer)
- Mr Devine (Teacher of Physical Education)
- Mr Finnigan (Teacher of Design and Technology)
- Mr O'Hara (Principal Teacher of Pupil Support)
- Mr Scollin (Depute Head Teacher)
- Mr Taylor (Principal Teacher of Design and Technology)



# OUR TRIP TO MADRID

We are going to Spain to have a once in a lifetime experience at the most iconic football club in the world, the Galácticos, Real Madrid!

While we are there, we will train and play at the Ciudad Real Madrid (Real Madrid City) which is the name given to Real Madrid's training facilities located outside Madrid in Valdebebas.



The complex has been nicknamed, and is known to the players, trainers and club staff as 'Valdebebas', and is named after the district of the city where the complex is located.

Inaugurated in 2005, the training centre consists of academy offices, equipment rooms, audio-visuals rooms, a strength and rehab centre, and medical facilities which consist of examination rooms, treatment rooms, additional rehab facilities and equipment, and a hydrotherapy centre that includes hot and cool pools, a cold plunge, and a long but narrow resistance wave pool.



# OUR TRIP TO MADRID

The training facilities include, as well as 13 and one third fields - three full size synthetic turf fields and two full size natural grass field for the youth, and for the first team, 5 and one third full size synthetic turf fields and two full size natural grass fields.

Ciudad Real Madrid also includes the Estadio Alfredo Di Stéfano where Real Madrid Castilla (Real Madrid reserve team) plays its home matches.

We will also tour the famous Santiago Bernabeu stadium including trophy room and club shop. We will get to experience La Liga first hand by attending a match, plus have some downtime at the hotel pool and sightseeing in Madrid.

It really promises to be a wonderful trip.





# ABOUT MADRID

Madrid is the capital of Spain, and is home to the Spanish Royal family as well as the Spanish Government. It is a modern metropolitan city and an economical and industrial centre of Spain, and, with its population of nearly 3,5 million people, is also the biggest city in Spain.

It is located in the centre of the Iberian Peninsula, and is surrounded by mountains and natural parks. Although it is located in the centre of the country, it has traditionally been the hub between different areas of Spain and is therefore connected to all major Spanish cities by train, road or air.

The weather in Madrid varies a lot depending on the season, from hot and dry in the summer, with temperature of approx. 29C, to cold 4C and with some rain in the winter. The average temperature between October and November is between 13-19C.



# ABOUT MADRID

## Attractions

Madrid has a lot of interesting attractions that offer both culture and amusement.

The city is full of great monuments, like the royal palace, the Plaza Mayor or the many statuettes, and for people interested in art, the museums Del Prado, Reina Sofia or Thyssen have some of the most fantastic collections of famous Spanish painters like Velazquez, Goya, Picasso or Miro.

If you like to be entertained, Madrid has two big amusements parks (including the new Warner Bros park) and there are regular international concerts, big flea markets, parades and other activities going on.

Of course Madrid is most famous for its football teams. There are 3 football teams from Madrid that play in La Liga; Real Madrid, Atletico Madrid and Rayo Vallecano. Getafe is technically a fourth which is based on the outskirts of Madrid.



# TRAVEL ARRANGEMENTS



## OUTBOUND

Thursday 26 October 2023  
 Meet at St Andrew's RC Secondary 07:00  
 Bus transfer to Edinburgh Airport 07:30  
 Easyjet Flight EZY3209  
 Departing 12:00  
 Arriving: 16:00



## RETURN

Wednesday 1 November 2023  
 Easyjet Flight EZY3210  
 Departing 17:15  
 Arriving 19:15  
 Bus transfer to St Andrew's RC Secondary 20:00  
 Arrive at school at 21:00

## Luggage

Hand baggage is luggage that you carry on the plane with you, while hold baggage is luggage that you check-in.

### Hand Baggage

Each young person can have a hand luggage bag is 45cm x 36cm x 20cm, including wheels, handles and external pockets. This can weigh up to **15kg**. **Liquids in containers larger than 100ml cannot go through security and should be placed in the hold luggage.**

### Hold Luggage

Each young person can have a hold luggage bag of **4kg** which will be put into larger group suitcases so this should be clearly marked with the young person's name.



# ACCOMMODATION

Tryp Madrid Airport Suites is located in San Blas District, 5 minutes drive from Madrid's Barajas Airport. You can drive to central Madrid in 15 minutes from Tryp Madrid Airport Suites.

Tryp Madrid Airport Suites offers suites, studios and apartments. All air-conditioned accommodation includes free WiFi and flat-screen satellite TV with international channels. Studios and apartments also come with a kitchenette with a microwave and coffee maker. The hotel's restaurant sells international food. There is also a bar serving snacks and drinks.

The swimming pool has a retractable roof and is covered during the winter months. There is 24-hour reception.

Rooms will have between 2 and 4 persons.



# ITINERARY

## Thursday 26 October 2023

Time	Activity
07.00	Meet at St Andrew's RC Secondary School
09.00	Check in at Edinburgh Airport
12.00	Flight departs
16.00	Arrive in Madrid
17.15	Transfer to hotel
17.45	Arrive at hotel and check in
20.30	Dinner at hotel
22.00	Bedtime

# ITINERARY

## Friday 27 October 2023

Time	Activity
08.00	Wake up
09.00	Breakfast
10.00	Transfer to Valdebebas
11.00	Photo session with Real Madrid training
11.30	Morning training session
13.15	Transfer to hotel
14.00	Lunch and sightseeing in Madrid City Centre
20.30	Dinner at hotel
22.00	Bedtime



# ITINERARY

**Saturday 28 October 2023**

Time	Activity
07.30	Wake up
08.30	Breakfast
09.30	Transfer to Valdebebas
10.30	Morning training session
12.45	Lunch
14.30	Behind the scenes tour of the Santiago Bernabeu and Real Madrid Club Shop
16.30	Sightseeing in Madrid City Centre
20.30	Dinner at hotel
22.00	Bedtime

# ITINERARY

## Sunday 29 October 2023

Time	Activity
08.00	Wake up
09.00	Breakfast
11.00	Transfer to Catedral de Santa Maria la Real de la Almudena
12.00	Mass
13.30	Lunch
14.30	La Liga Match - Atletico Madrid v Alaves or Rayo Vallecano (TBC)
20.30	Dinner at hotel
22.00	Bedtime

# ITINERARY

## Monday 30 October 2023

Time	Activity
07.00	Wake up
08.00	Breakfast
09.30	Transfer to Warner Theme Park
10.00	Day at Warner Theme Park
18.00	Transfer to hotel
20.30	Dinner at hotel
22.00	Bedtime



# ITINERARY

## Tuesday 31 October 2023

Time	Activity
07.00	Wake up
08.00	Breakfast
09.30	Transfer to Valdebebas
10.30	Morning training session
12.30	Lunch
13.30	St Andrew's v Local Opposition Matches
20.30	Dinner at hotel
22.00	Bedtime

# ITINERARY

## Wednesday 1 November 2023

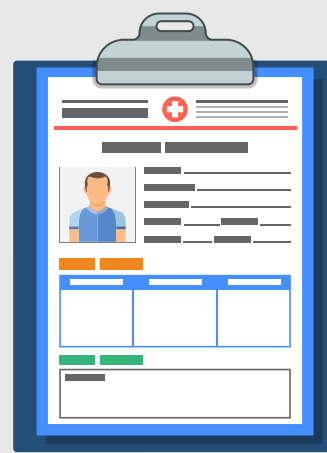
Time	Activity
07.00	Wake up
09.00	Breakfast
10.00	Room Inspections
12.00	Lunch
13.30	Transfer to Madrid Airport
14.00	Check-in at Madrid Airport
17.15	Flight departs
19.15	Flight arrives Edinburgh Airport
21.00	Arrive at St Andrew's RC Secondary School

# MEDICAL INFORMATION AND MEDICATION

## Medical Information

If your son has any type of medical condition or allergy, no matter how serious, you must inform school staff about this. This is the case even if the condition appears to have lapsed and/or if your son is experiencing symptoms of a condition or allergy that has yet to be diagnosed.

A school consent form must be completed prior to departure which should clearly state any diagnosed or undiagnosed medical condition or allergy. If you require a new consent form to update this section of the form please ask for one as soon as possible.

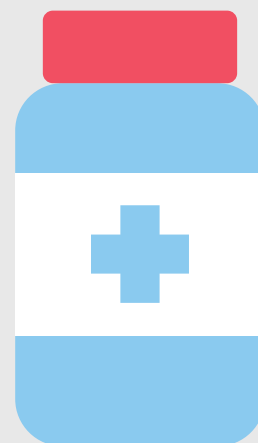


## Dietary Requirements

If your son has any dietary requirements, please let us know so we can inform the airline, hotel and restaurants we may visit.

## Medication

If your son requires any type of medication (including travel sickness tablets) extra supplies must be given to **Mr Finnigan** by **Monday 23 October**. Mr Finnigan will store the additional medication safely and can administer the medication as prescribed. In the case of self administering medicines such as inhalers or creams for skin conditions, young people should carry their own medication but it is essential that staff have a secondary prescription.



An 'Administration of Medicines' form must be completed prior to departure. If you require a new consent form please ask for one as soon as possible. This must be returned to the school, even if no medication is required.



# MEDICAL INSURANCE AND PASSPORT

## Global Health Insurance Card

Your son has a valid Global Health Insurance Card. These are FREE and work in a similar way to the old European Health Insurance Cards. If you do not already have one, you can apply for them via the following link:

[www.gov.uk/global-health-insurance-card](http://www.gov.uk/global-health-insurance-card)



**PLEASE BE AWARE THAT SOME WEBSITES OFFER THESE FOR A FEE. THIS IS A SCAM AND YOU SHOULD NOT PAY ANYTHING FOR THEM.**

Please ensure that you have handed in your Global Health Insurance Card to **Mr Fuchs** by **Monday 23 October**.

## Medical Insurance

Fully comprehensive medical insurance is provided through Glasgow City Council. There is no need to take out extra medical insurance.

## Passport

All pupils require their own passport. To avoid any issues when travelling, this must be given to **Mr Fuchs** by **Monday 23 October**.



# SWIMMING CONSENT

In order to be able to use the hotel swimming pool, all young people must have handed in a completed swimming consent form. This should be handed to **Mr Fuchs** by **Monday 23 October**.



Any young person who does not hand this in will be prevented from swimming.

# CONTACT WITH HOME

We would very much suggest that no news is good news. However, throughout the trip X (formerly Twitter) site (**@standrewsmadrid**) we will be posting photos and videos of all activities every day.

If any young people fall ill or are injured we will contact parents/carers immediately and remain in contact as is necessary.

Should parents/carers have any concerns about their child's wellbeing, trip staff can be contacted via the email (**gw21fuchsjoef@glow.ea.glasgow.sch.uk**) in the first instance. We will respond as quickly as possible via email and/or phone.



# VALUABLES AND SPENDING MONEY

## Valuables

We advise that you do not take anything that is valuable to you. This is the best way to avoid the disappointment. All of your possessions are your own responsibility so please look after them. Please remember that we are staying in a hotel that is accessed by many people. It is essential that rooms are kept locked at all times to ensure that valuables are safe.

Glasgow City Council insurance does not cover theft / loss of mobile phones or other valuable items such as iPads.

Please also check your phone contract's data roaming charges prior to travel. To avoid extortionate data roaming charges, data roaming should be turned off if this is not included in your plan. Phones can be connected to the hotel Wi-Fi.



## Spending Money

Once in Madrid, breakfast and dinner will be provided in the hotel restaurant. We recommend that young people take money for lunch in Edinburgh Airport and then 60 Euros to buy lunch every day (10 Euros x 6 days) and dinner on the final day.

Using contactless payment methods can be a secure way of handling money abroad and allows parents / carers sight of what is being spent and can top up if required.

If taking physical cash we advise giving this to PC Lee for safe keeping in a clearly marked envelope and he will keep this in his room safe and give out at set times throughout the trip. Please give to PC Lee by **Monday 23 October.**





# PACKING CHECKLIST

Items	Packed	Items	Packed
Navy PE T-Shirt x 2, Plain Navy Shorts x 2, Plain Navy socks x 2 ( <b>no professional / club kits or training wear to be worn at training sessions / games</b> )		Sun hat / baseball hat	
Shin pads		Flip-flops	
Trainers / Astro turf boots		Mobile phone + charger + headphones	
Training top / Sweatshirt / Tracksuit / additional layers		Universal travel adaptor	
Waterproof top / jacket		Sunglasses and case	
Towel		General toiletries and deodorant in small bottles	
Spare kitbag e.g. back sack or boot bag		Toothbrush / toothpaste	
1 empty water bottle		High Factor Sunscreen / 'After Sun' cream	
Casual clothing for down time		Medication	
Other footwear to those worn for training and fixtures			
Swim shorts – swimming pool			

# STANDARDS AND EXPECTATIONS

We expect excellent behaviour at all times during the trip. All young people must remember that they are ambassadors for their families, our school and our community and that our aim is the maximum enjoyment for all members of the group. Incidents of discipline could lead to removal of privileges and withdrawal from activities as appropriate.

We ask that parents/carers to read the following code of conduct and discuss it with their child before the trip departs.



## Ready

- Always being ready at agreed times and having the correct kit and equipment.



## Respectful

- Always being respectful including listening and demonstrating kindness to your peers, staff and others including football coaches, hotel staff and members of the public.



## Safe

- Always being safe and not placing yourself or anyone else in danger.
- Always be in pairs (at least) at all times and never be on your own.
- Always keep hotel room doors locked and know where the room keys are.
- Always obey the UK and Spanish law.

# SPANISH VOCABULARY

English	Spanish	English	Spanish
Hello	¡Hola!	Head / Header	Cabeza
Good morning	Buenos días	Foul	Falta
Good afternoon	Buenas tardes	Offside	Fuera de lugar
Hi there!	¡Buenas!	Yellow / red card	Tarjeta amarilla/roja
Goodbye	Adiós	Striker / forward	Delantero
See you later!	¡Hasta luego!	Midfielder	Mediocampista/ volante
My name is ....	Me llamo ....	Defender	Defensa/defensor
Nice to meet you	Encantada/o de conocerte	Referee	Arbitro
Ball	Pelota/Balón	Assistant referee	Línea
Player	Jugador/a	Corner kick	Saque de esquina
Goal	Gol	Throw-in	Saque de banda
Handball	Mano	Pass me the ball	Pásamela
Well played	Bien	Shoot	Pegarle



# CONTACT

Email Address  
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X formerly Twitter  
[@standrewsmadrid](https://twitter.com/standrewsmadrid)



Phone call  
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